

Déjà vu

Skin & Body Works

Fitzpatrick Skin Type Determination

Name _____ Date _____

Proper skin typing is vital to safe and effective treatment with lasers or intense pulsed light. Please carefully complete the following questionnaire.

Ethnicity: List the race and/or ethnicity of each of your grandparents:

Father's mother	Father's father	Mother's mother	Mother's father

Genetic disposition:

Score	0	1	2	3	4
What is your natural eye color?	Light green or blue-grey	Green or blue-grey	Blue	Dark brown	Brownish black
What is your natural hair color?	Sandy red	Blond	Chestnut/ Dark blond	Dark Brown	Black
What is your natural skin color?	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
How many freckles do you have?	Many	Several	Few	Incidental	None

Reaction to sun exposure:

Score	0	1	2	3	4
What happens when you stay too long in the sun?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rarely burns	Never had burns
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easy	Turn dark brown quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem

Tanning habits:

Score	0	1	2	3	4
When did you last expose your body to sun (or artificial sunlamp/tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than two weeks ago
Have you exposed the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always

Skin type scores:

Genetic disposition _____

Reaction to sun exposure _____

Tanning habits _____

Total score _____

Skin type score	Fitzpatrick skin type
0-7	I
8-16	II
17-25	III
26-30	IV
Over 30	V-VI

Race or ethnicity overrides the scoring system. If a patient has one-fourth or more non-Caucasian race they must be classed as at least Fitzpatrick skin type V to ensure patient safety.

Patient's Fitzpatrick skin type: _____

Signature of Déjà vu Staff: _____